



1st April 2022

Dear Parent/Carer

Re: RAMADAN 2022

We are aware that some of our **older** children may be fasting. We are also aware that in some families this is achieved through involvement for part-days, selected days or at weekends. If your child will be fasting, I would be most grateful if you could complete and return the reply slip below to the school office by **Monday 4th April 2022** so that staff are aware.

Please bear in mind the following:

- For health and safety reasons, no child will be allowed to fast unless we have their parents' written consent.
- If we have significant concerns about your child's health, we will need to be able to contact you during the school day. Please make sure the school has up to date contact details for you.
- Please ask your children to respect the choices of other families about this and not to pressure other children to fast.

The school will be following the local authority guidance and our students that are fasting will complete PE lessons that have been modified to be less strenuous. Students should still bring their PE kit and expect to take part.

Unless we receive your signed permission for your child to fast at school, we will assume that they are not taking part. If you wish to discuss your child's individual arrangements, please come and speak to me when I am on school grounds.

Thank you for your co-operation.

Mr E Gaibee
Headteacher

PERMISSION SLIP FOR FASTING - PLEASE RETURN TO THE SCHOOL OFFICE BY Monday 4th April 2022

I _____ the parent of _____ in class _____
ask that you allow my child to fast.

PLEASE SELECT AS APPROPRIATE:

- My child will be fasting for the: **whole week** **Selected days**
- If selected days only, please circle which days your child will fast: **MON /TUES / WED /THUR / FRI**
- In case of any health issues or emergency **I agree** **disagree** to school giving water.

I can be contacted on this number in an emergency _____

Signed: _____ Date: _____