

Fighting Fit Part 2

Section C

6. What is a blog?

7. Where are the Invictus Games happening in 2017?

8. Describe Gavin's journey from being 'lazy and sad' to 'going to the Invictus Games'.

9. What do you think a 'Powerlifter' does? Explain your answer.

10. Knowing that this is an internet blog, explain what the words 'like', 'comment' and 'subscribe' mean (used at the bottom of the blog).

Section D

11. What does it mean that Gavin was 'inspired' by the paralympians?

12. Is sledge hockey a sport actually contested at the Invictus Games or not?

13. Identify and explain one way the author shows the extent of their excitement in the final paragraph.

14. There is a set of links on the left hand side of the blog. What would you expect to read about in the blog 'The moment everything changed'? Why?

15. Considering what has happened to Gavin, why is 'An old soldier's next step' a clever subtitle to have chosen for this blog?